

3k on the Green		28/03/2025			Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Ben Nicolson	Senior	M	Edinburgh Athletics Club	00:09:06	80.59%
2	Cameron Muir	Senior	M	Shettleston Harriers	00:09:15	79.29%
3	Michael Deason	M40	M	Shettleston Harriers	00:09:34	81.11%
4	Louis Sharp	U20	M		00:09:36	78.03%
5	Ruan van Rensburg	Senior	M	Fife AC	00:09:39	76.28%
6	Jordan Phillips	U20	M	Kilmarnock Harriers	00:09:41	77.36%
7	Drew Carr	Senior	M	Westerlands	00:09:42	76.83%
8	Andrew Casey	M35	M	AAAC	00:09:44	78.55%
9	Fraser Gray	Senior	M		00:09:57	73.70%
10	David Jarrett	M40	M	Bellahouston Roadrunners	00:10:08	77.73%
11	Calum Ferguson	Senior	M	Newton Road Runners	00:10:10	72.48%
12	Chris Deery	M50	M	Giffnock North	00:10:14	84.66%
13	Laura Haggarty	W40	F	Kilmarnock Harriers	00:10:22	84.39%
14	Mark Alexander	M45	M	Kilmarnock Harriers	00:10:24	78.10%
15	Amy Vincent	Senior	F	Edinburgh AC	00:10:29	79.72%
16	Jennifer Reid	Senior	F		00:10:32	79.39%
17	Padrig Davies	M40	M	Outlier	00:10:36	74.31%
18	Noel Slevin	Senior	M	Victoria Park	00:10:42	68.60%
19	Steven Prentice	M50	M	Bellahouston Harriers	00:10:44	78.11%
20	Kevin Dunn	M40	M	Kirkintilloch Olympians	00:10:45	72.73%
21	Andrew Holloway	M35	M	Giffnock North	00:10:48	70.28%
22	Eddie Neilson	M50	M		00:10:52	77.78%
23	David Gillespie	Senior	M		00:11:01	67.09%
24	Ian Brown	Senior	M		00:11:03	66.37%
25	Sid Muragundi	M35	M		00:11:08	69.18%
26	Kyle Simpson	Senior	M		00:11:15	65.35%
27	David Anderson	M50	M	Kilmarnock Harriers	00:11:17	76.14%
28	Paul McMonagle	M55	M	Cumbernauld AAC	00:11:23	77.39%
29	Jamie Wieland	M35	M	Bellahouston Roadrunners	00:11:25	66.48%
30	Gareth Thomas	Senior	M		00:11:27	64.55%
31	David Eames	M40	M	Bellahouston Harriers	00:11:28	67.67%
32	Gordon Brady	M35	M		00:11:29	66.58%
33	Michael Falla	M35	M		00:11:30	66.00%
34	Gavin Jeffrey	M35	M		00:11:31	65.90%
35	Craig Brown	M50	M	Garscube Harriers	00:11:32	74.49%
36	Andrew Short	M50	M		00:11:34	73.08%
37	Andrew Heathwood	M55	M		00:11:37	75.20%
38	Barry Edwards	M40	M	Bellahouston Road Runners	00:11:45	67.54%
39	John Duffy	M60	M	Shettleston Harriers	00:11:48	77.96%
40	Barry Weatherstone	M40	M		00:11:53	65.30%
41	James Martin	M40	M		00:11:56	65.51%
42	Lisa Mason	Senior	F		00:11:58	70.10%
43	John Kirkwood	M45	M		00:12:01	68.12%
44	Joseph Ogunjobi	Senior	M		00:12:05	60.74%
45	Jacqui Thomson	W60	F	Cambuslang Harriers	00:12:07	94.08%
46	Martin O'Connor	Senior	M	Hunters Bog Trotters	00:12:08	60.49%
47	Alastair MacLachlan	M65	M	Bellahouston Roadrunners	00:12:08	78.58%
48	Alexander Cuthbert	M50	M	Bellahouston Harriers	00:12:11	69.38%

49	Louis Swinden	Senior	M		00:12:17	59.70%
50	Colin Anderson	M45	M		00:12:21	67.35%
51	Dorian Grieve	M50	M		00:12:27	68.44%
52	Sarah Fraser	W35	F	Hamilton Harriers	00:12:30	69.44%
53	Kevin Gilfillan	M45	M	Garscube Harriers	00:12:37	63.88%
54	Scott Vallance	M35	M		00:12:42	58.99%
55	Alastair Cunningham	M55	M		00:12:48	70.62%
56	Dave Eastman	M45	M		00:12:51	63.21%
57	Noreen Crombie	W55	F	Renfrew Runners	00:13:01	85.05%
58	Marie McChord	W65	F	Kirkintilloch Olympians	00:13:05	92.63%
59	Matt Bridgestock	M45	M		00:13:06	62.49%
60	Marina McCallum	W50	F	Kirkintilloch Olympians	00:13:16	76.81%
61	Linda Woodcraft	W45	F		00:13:18	70.97%
62	Katie Goddard	Senior	F		00:13:22	62.52%
63	Eddie Carr	M65	M	Cambuslang Harriers	00:13:23	71.24%
64	William Reid	M65	M		00:13:28	70.17%
65	Jack Calvert	Senior	M		00:13:30	54.34%
66	David Hoolaghan	M45	M	Motherwell AC	00:13:35	59.33%
67	John McMillan	M40	M		00:13:36	58.36%
68	Sarah McArthur	#N/A	F		00:13:53	893.09%
69	Iain Crawford	M55	M	Cambuslang Harriers	00:14:21	61.91%
70	Alastair Harris	M45	M	Strathaven Striders	00:14:33	55.39%
71	Jude	Jun	M	St Ninians	00:14:41	N/A
72	Ryan A	Jun	M	St Ninians	00:14:44	N/A
73	Linda Cunningham	W55	F	Central AC	00:14:56	71.06%
74	Viv Fraser	W55	F		00:15:10	72.99%
75	Jill Scott	W50	F		00:15:35	65.39%
76	Bob Porteous	M75	M	Shettleston Harriers	00:15:44	69.70%
77	Liam	Jun	M	St Ninians	00:16:22	N/A
78	Harry McDonald	M65	M		00:16:24	59.79%
79	Calvin	Jun	M	St Ninians	00:16:27	N/A
80	Archie	Jun	M	St Ninians	00:16:29	N/A
81	Alec Wood	M70	M	Linlithgow	00:16:30	64.20%
82	Tom Keenan	M70	M	Bellahouston Harriers	00:16:31	60.66%
83	Peter Ogden	M70	M	Cambuslang Harriers	00:16:32	64.07%
84	Peter Rudzinski	M70	M	Clydesdale Harriers	00:16:37	63.75%
85	Duke	Jun	M	St Ninians	00:16:40	N/A
86	Vincent	Jun	M	St Ninians	00:16:50	N/A
87	Derek Hosie	M55	M		00:16:54	53.49%
88	Felicity Devanney	Senior	F		00:17:01	49.11%
89	Carol Keenan	W65	F	Bellahouston Harriers	00:17:35	72.34%
90	Jessica Hardy	W35	F	Newton Road Runners	00:17:44	48.02%
91	Abdullah	Jun	M	St Ninians	00:17:54	N/A
92	Kobi	Jun	M	St Ninians	00:18:33	N/A
93	Rio McG	Jun	M	St Ninians	00:18:34	N/A
94	Sean	Jun	M	St Ninians	00:19:35	N/A
95	Damian	Jun	M	St Ninians	00:19:37	N/A
96	Cian	Jun	M	St Ninians	00:19:40	N/A
97	Rayan	Jun	M	St Ninians	00:19:43	N/A
98	Mohammed S	Jun	M	St Ninians	00:20:07	N/A

99	Ryley P	Jun	M	St Ninians	00:20:09	N/A
100	Eesa	Jun	M	St Ninians	00:20:27	N/A
101	Bobby	Jun	M	St Ninians	00:20:51	N/A
102	Caolan	Jun	M	St Ninians	00:21:02	N/A
103	David	Jun	M	St Ninians	00:21:51	N/A
104	Rio Max	Jun	M	St Ninians	00:22:12	N/A
105	Macy	Jun	F	St Ninians	00:22:13	N/A
106	Amelie	Jun	F	St Ninians	00:23:19	N/A
107	Joshua O	Jun	M	St Ninians	00:23:39	N/A
108	Ahmed	Jun	M	St Ninians	00:23:52	N/A
109	Daniel Donaghy Rowan	Jun	M	St Ninians	00:24:11	N/A
110	Mohammed A	Jun	M	St Ninians	00:24:33	N/A
111	Daniel E	Jun	M	St Ninians	00:28:11	N/A