

3k on the Green		25/04/2025			Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Euan Duernberger	Senior	M	Edinburgh AC	00:09:06	80.97%
2	Grant Baillie	M45	M	East Kilbride AC	00:09:08	88.94%
3	Daniel Owens	Junior	M	Garscube harriers	00:09:16	84.02%
4	Ruan van Rensburg	Senior	M	Fife AC	00:09:18	79.15%
5	Andrew Shorts	Junior	M	Kilbarchan AAC	00:09:18	82.57%
6	Drew Carr	Senior	M	Westerlands	00:09:20	79.85%
7	Andrew Forteach	M40	M	East Kilbride AC	00:09:24	83.80%
8	Louis Sharp	U20	M		00:09:27	79.27%
9	Brent Brodie	M50	M	Bellahouston Harriers	00:09:33	89.23%
10	Stuart MacDougall	M40	M	Fulham	00:09:45	80.19%
11	Fraser Gray	Senior	M		00:09:53	74.20%
12	Kiaran Dougherty	M40	M	Bellahouston Roadrunners	00:09:55	79.43%
13	Gerard Pelegri	Senior	M	Shettleston Harriers	00:09:56	74.41%
14	Mark Alexander	M45	M	Kilmarnock Harriers	00:10:09	80.03%
15	Adam Todd	Senior	M	Troon Tortoises	00:10:15	71.54%
16	Kyle Thomson	Junior	M	Garscube Harriers	00:10:16	75.83%
17	Ruairi Ferris	Senior	M	Kirkintilloch Olympians	00:10:17	71.31%
18	Evan Anderson	Senior	M		00:10:26	70.29%
19	Chris Butler	Senior	M	Westerlands	00:10:27	70.99%
20	Neil Burnside	M40	M	Kilbarchan	00:10:29	74.02%
21	Calum Scott	Senior	M		00:10:30	69.84%
22	Gregory Woodward	Senior	M	Glasgow Uni H&H	00:10:31	70.00%
23	Eddie Neilson	M50	M		00:10:31	80.37%
24	Jennifer Reid	Senior	F		00:10:32	79.39%
25	Andrew Holloway	M35	M	Giffnock North	00:10:33	72.47%
26	Grant Matheson	M60	M	Falkirk Victoria	00:10:35	87.69%
27	Noel Slevin	Senior	M	Victoria Park	00:10:38	69.03%
28	Mark Preston	M40	M	North Ayrshire Athletic Club	00:10:40	73.85%
29	David Gillespie	Senior	M		00:10:46	68.65%
30	Craig Rankin	M40	M	Troon Tortoises	00:10:48	72.93%
31	Gavin Meikle	M50	M		00:10:48	79.55%
32	Philip Robinson	M40	M	West End Road Runners	00:10:51	72.06%
33	Sid Muragundi	M40	M		00:10:57	70.86%
34	Craig Brown	M50	M	Garscube Harriers	00:11:05	77.51%
35	Mary Senior	W50	F	Garscube Harriers	00:11:06	90.60%
36	Des Dickson	M65	M	Cambuslang Harriers	00:11:08	85.64%
37	Fiona Matheson	W60	F	Falkirk Victoria	00:11:09	107.00%
38	Kyle Simpson	Senior	M		00:11:10	65.84%
39	Gavin Jeffrey	M35	M		00:11:13	67.67%
40	Dave Thom	M65	M	Cambuslang Harriers	00:11:15	84.76%
41	Michael Falla	M35	M		00:11:18	67.17%
42	Andrew Short	M50	M		00:11:19	74.69%
43	Andrew Heathwood	M55	M		00:11:20	77.08%
44	Katherine Hylands	W35	F	Bellahouston Harriers	00:11:25	75.49%
45	Jenny Brown	W45	F	Bellahouston Harriers	00:11:30	83.10%
46	John Duffy	M60	M	Shettleston Harriers	00:11:33	79.64%
47	Scott Elliot	M60	M	Kirkintilloch Olympians	00:11:35	81.57%
48	Stephen Forcer	M45	M	Westerlands	00:11:36	71.70%

49	Allen Campbell	M50	M	West End Road Runners	00:11:37	72.76%
50	John MacKenzie	M55	M	Bellahouston Roadrunners	00:11:45	76.26%
51	Barry Weatherstone	M40	M		00:11:49	66.16%
52	James Martin	M40	M		00:11:53	65.79%
53	Calum Wilson	Senior	M		00:11:54	61.68%
54	Scott Barton	Senior	M		00:11:56	61.75%
55	Katie Blackett	Senior	F	Bellahouston road runners	00:11:59	69.74%
56	Katie Bennie	U20	F	Falkirk Victoria	00:11:59	70.49%
57	Karen Kennedy	W50	F	Falkirk Victoria	00:12:00	84.92%
58	Louis Swinden	Senior	M		00:12:06	60.61%
59	Euan Alexander	Junior	M	Gargieston	00:12:08	73.97%
60	Sam Chudleigh	Junior	M	Gargieston	00:12:13	73.46%
61	Jim Boyle	M50	M	Garscube Harriers	00:12:16	70.04%
62	Martin Munro	M50	M		00:12:29	68.82%
63	Alastair Cunningham	M55	M		00:12:31	72.22%
64	Sarah Fraser	W35	F	Hamilton Harriers	00:12:34	69.07%
65	Lucas Fulton	Junior	M	Gargieston	00:12:39	70.95%
66	David Murphy	M50	M	Shettleston Harriers	00:12:42	68.21%
67	David Hoolaghan	M45	M	Motherwell AC	00:12:46	63.13%
68	Cameron McLeod	Senior	M	Kirkintilloch Olympians	00:12:46	57.89%
69	Lorna MacInnes	W45	F		00:12:49	74.56%
70	Angela Carson	W55	F	Fenwick Striders	00:12:51	84.94%
71	Neil Nairn	M50	M	Fenwick Striders	00:12:52	67.33%
72	Linda Woodcraft	W45	F		00:12:58	72.79%
73	Paul McKendry	M65	M	Clydesdale Harriers	00:13:08	72.60%
74	Alastair Dalton	M60	M	West End Road Runners	00:13:14	68.90%
75	William Reid	M65	M		00:13:15	71.96%
76	Iain Crawford	M55	M	Cambuslang Harriers	00:13:28	65.97%
77	Karen McAllister	W65	F	Falkirk Victoria	00:13:29	89.88%
78	Frances Wood	W65	F	Linlithgow	00:13:31	91.10%
79	James Boyce	M45	M		00:13:31	60.10%
80	Erica Christie	W65	F	Cambuslang Harriers	00:13:32	93.99%
81	Graeme Scott	M60	M	Kilbarchan AAC	00:13:35	68.93%
82	Jacqueline McLew	W55	F	Cambuslang Harriers	00:13:36	76.96%
83	Alasdair Beaton	M40	M		00:13:37	57.85%
84	Colin Stewart	M50	M	Bellahouston Harriers	00:13:47	62.33%
85	Gordon Harper	M45	M		00:13:51	59.57%
86	Ada Stewart	W60	F	Kirkintilloch Olympians	00:13:56	81.81%
87	Mark Donnelly	M40	M		00:14:00	56.69%
88	Mitchell Cochrane	Junior	M	Gargieston	00:14:06	63.65%
89	Tom McMillan	M70	M		00:14:15	72.14%
90	Harrison Lambert	Junior	M	Gargieston	00:14:27	62.11%
91	Melanie Carmichael	W35	F	Migo	00:14:29	59.50%
92	Mario Braga Marchena	Junior	M	Gargieston	00:14:31	61.82%
93	Viv Fraser	W55	F		00:14:35	75.91%
94	Sharon Molloy	W35	F		00:14:39	59.25%
95	Becky Edmonds	W40	F		00:14:47	61.58%
96	Linda Cunningham	W55	F	Central AC	00:14:50	71.54%
97	Mila Climo	Junior	F	Gargieston	00:15:05	63.87%
98	Lucy Gourlay	Junior	F	Gargieston	00:15:06	63.80%

99	Margaret Hutchinson	W55	F	Cambuslang Harriers	00:15:10	70.95%
100	James Ashe	M65	M	West End Road Runners	00:15:12	65.18%
101	Bob Porteous	M75	M	Shettleston Harriers	00:15:35	70.37%
102	Peter Ogden	M70	M	Cambuslang Harriers	00:15:46	67.18%
103	Emma McKenzie	Senior	F	West End Road Runners	00:15:55	52.50%
104	Harry McDonald	M65	M		00:16:03	61.09%
105	Alec Wood	M70	M	Linlithgow	00:16:05	65.86%
106	Nathan Ryan	Junior	M	Gargieston	00:16:10	55.51%
107	Victoria Connor	Junior	F	Gargieston	00:16:13	59.40%
108	Tom Keenan	M70	M	Bellahouston Harriers	00:16:19	61.41%
109	Josh Lusk	Junior	M	Gargieston	00:16:21	54.89%
110	Nicola Armstrong	W40	F	West End Road Runners	00:16:24	55.51%
111	Olivia Hamilton	Senior	F		00:16:25	51.41%
112	Jess Black	Junior	F	Gargieston	00:16:33	58.21%
113	Kate Goldsmith	Senior	F	West End Road Runners	00:16:36	50.34%
114	Raymond Loughran	M65	M	Shettleston Harriers	00:16:45	57.99%
115	Shona Jack	W55	F	West End Road Runners	00:16:47	65.96%
116	Eve White	Junior	F	Gargieston	00:16:48	57.34%
117	Harrison Clark	Junior	M	Gargieston	00:17:00	52.79%
118	Carol Keenan	W65	F	Bellahouston Harriers	00:17:15	73.74%
119	James Henderson	M55	M	West end roadrunners	00:17:22	50.30%
120	Collette Coyle	W50	F	Springburn	00:17:23	56.38%
121	Stephanie Black	Junior	F	Gargieston	00:17:35	54.79%
122	Jessica Hardy	W35	F	Newton Road Runners	00:17:37	48.34%
123	Stephen Lappin	M60	M	West End Road Runners	00:17:50	51.13%
124	Ryan McCafferty	Senior	M		00:17:53	41.01%
125	Jayne Russell	Senior	F		00:17:53	46.76%
126	Michael Hay	Senior	M		00:17:54	41.63%
127	Robbie Wishart	M65	M	West End Road Runners	00:18:30	53.55%
128	Mila Howie	Junior	F	Gargieston	00:18:40	51.61%
129	Fred McCain	M75	M	Haddington Running Club	00:19:01	57.67%
130	Catherine Speight	Senior	F		00:19:03	43.87%
131	Jola Podsiadlo	W35	f		00:19:03	45.56%
132	David Duff	M45	M		00:19:20	42.34%
133	Syed Basit Ali Zaidi	Senior	M		00:19:40	37.29%
134	Kenny Shaw	Senior	M		00:20:42	35.52%
135	Syed Naqvi	M35	M		00:20:42	36.67%
136	Rohan Knight	Senior	M		00:20:43	35.40%
137	Catherine MacNaughton	W45	F	West End Road Runners	00:20:45	46.05%
138	Jay Semple	M45	M		00:20:48	38.75%
139	John Softley	M75	M	Bellahouston Harriers	00:22:32	47.80%
140	William Mitchell	M75	M		00:25:47	42.53%
141	Helen Moreland		F		00:30:08	
142	Gillian Davidson		F		00:30:09	
143	Paul Hay		M		00:31:01	
144	Jasmine Scher		F		00:31:08	
145	Kathleen Lappin		F		00:31:09	
146	Emma Kennedy		F		00:34:33	