

3k on the Green		27/06/2025			Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Adam Stark	Senior	M	Bellahouston Harriers	00:09:13	79.95%
2	Andrew Kirk	Senior	M	Kirkintilloch Olympians	00:09:24	79.28%
3	Matthew O'Brien	Senior	M	Bellahouston Harriers	00:09:35	76.53%
4	Kyle Thomson	Junior	M	Garscube Harriers	00:09:46	79.72%
5	Fraser Gray	Senior	M		00:10:00	73.33%
6	Ciaran McGlynn	M35	M		00:10:07	74.51%
7	Mark Alexander	M45	M	Kilmarnock Harriers	00:10:09	80.65%
8	Nicholas Gemmell	M50	M	Inverclyde AC	00:10:12	83.54%
9	Joe Butler	Junior	M	Garscube Harriers	00:10:27	75.73%
10	Adam Todd	Senior	M	Troon Tortoises	00:10:38	68.97%
11	Paul Stoddart	M50	M	Cumbernauld AAC	00:10:40	79.24%
12	Jennifer Reid	Senior	F		00:10:40	78.39%
13	Ryan MacReady	Senior	M	Bellahouston Roadrunners	00:10:45	68.55%
14	Steven Prentice	M50	M	Bellahouston Harriers	00:10:50	77.39%
15	Calum Scott	Senior	M		00:10:51	67.59%
16	Sorley Gemmell	Junior	M	Garscube Harriers	00:10:55	75.53%
17	David Simpson	M45	M		00:11:00	75.01%
18	Craig Rankin	M40	M	Troon Tortoises	00:11:08	70.75%
19	John MacKenzie	M55	M	Bellahouston Roadrunners	00:11:14	79.77%
20	Terry Mulholland	Senior	M		00:11:21	64.62%
21	Mhairi MacTier	Senior	F	Bellahouston Harriers	00:11:22	73.66%
22	Ralph Connolly	M60	M	Victoria Park	00:11:23	80.10%
23	Mary Senior	W50	F	Garscube Harriers	00:11:27	87.83%
24	David Eames	M40	M	Bellahouston Harriers	00:11:33	67.69%
25	Liam Donnelly	Senior	M		00:11:39	63.00%
26	Julia Johnstone	W50	F	Gala Harriers	00:11:42	88.27%
27	Kyle Simpson	Senior	M		00:11:43	62.89%
28	Jenny Brown	W45	F	Bellahouston Harriers	00:11:44	81.45%
29	Stewart Robertson	M45	M	Springburn Harriers	00:11:46	70.68%
30	Calum Sinclair	M40	M		00:11:49	66.66%
31	Mark Daly	M50	M		00:11:53	70.55%
32	Jonathon Herring	M45	M		00:12:04	68.38%
33	Laura Gray	W45	F	Garscube Harriers	00:12:09	75.83%
34	Scott Cumming	M50	M	Linlithgow	00:12:11	69.94%
35	David Murray	M35	M	Newton Road Runners	00:12:15	62.41%
36	Lauren Martin	W35	F		00:12:19	68.81%
37	Jennifer Rooney	Senior	F	Greenock Glenpark Harriers	00:12:21	68.11%
38	Paul White	M45	M		00:12:21	65.26%
39	Peter Alexander	M40	M	Newton Road Runners	00:12:23	63.13%
40	James Gallade	M65	M	Kirkintilloch Olympians	00:12:24	76.89%
41	Lisa Mason	Senior	F		00:12:24	67.65%
42	Kerr Murray	Junior	M	Cumbernauld AAC	00:12:25	66.40%
43	David Murray	M40	M	Kirkintilloch Olympians	00:12:26	63.35%
44	Scott Vallance	M35	M		00:12:29	60.02%
45	Kara Rafferty	W40	F	Garscube Harriers	00:12:30	70.60%
46	Robbie Herbert	Senior	M	Fenwick Striders	00:12:34	58.36%
47	Yoana Bogdanova	U20	F	Corstorphine AC	00:12:35	66.67%
48	Paul Stanley	M50	M	Mount Venon Runners	00:12:37	66.45%

49	Rachel Wardrope	Senior	F	Cambuslang Harriers	00:12:38	66.15%
50	Sophia McLachlan	Junior	F		00:12:41	72.48%
51	Joanne Thorburn	W45	F	Newton Road Runners	00:12:42	73.42%
52	Johnny Mair	M70	M		00:12:49	79.14%
53	David Murphy	M50	M	Shettleston Harriers	00:12:51	67.42%
54	Angela Campbell	W45	F	Bellahouston Harriers	00:12:53	72.38%
55	David Wardrope	M50	M	Cambuslang Harriers	00:12:59	66.72%
56	John McMillan	M40	M		00:13:02	60.89%
57	Eddie Carr	M65	M	Cambuslang Harriers	00:13:05	72.88%
58	Tony McGale	M50	M	Garscube Harriers	00:13:06	66.13%
59	Toni McIntosh	W45	F	Ayr Seaforth	00:13:07	70.24%
60	Alan Dunlop	M40	M	Troon Tortoises	00:13:18	60.14%
61	Fergus McColm	Senior	M		00:13:22	55.00%
62	Angela McLachlan	W40	F	Newton Road Runners	00:13:27	67.68%
63	William Reid	M65	M		00:13:29	70.72%
64	Jacqueline McLew	W55	F	Cambuslang Harriers	00:13:33	77.25%
65	Iain Crawford	M55	M	Cambuslang Harriers	00:13:34	65.49%
66	Erica Christie	W65	F	Cambuslang Harriers	00:13:39	93.19%
67	Gordon Harper	M45	M		00:13:40	60.86%
68	Robert Crangle	M60	M		00:13:45	68.10%
69	Matthew Braid	M35	M		00:14:04	53.58%
70	Tom McMillan	M70	M		00:14:14	72.22%
71	Ada Stewart	W60	F	Kirkintilloch Olympians	00:14:20	79.53%
72	Emilie McLachlan	Junior	F	Cambuslang Harriers	00:14:29	63.47%
73	Craig McFadyen	M40	M	Mount Venon Runners	00:15:08	52.44%
74	Frank Hurley	M70	M	Cambuslang Harriers	00:15:27	66.53%
75	Harry McDonald	M65	M		00:15:36	62.85%
76	Roslyn Reid	Junior	F		00:15:47	59.53%
77	Bob Porteous	M75	M	Shettleston Harriers	00:16:00	68.54%
78	Kerri Hutchison	W40	F	Wee County Harriers	00:16:32	53.89%
79	Tonderai Shields	Junior	M		00:16:42	67.29%
80	Neil Smith	M45	M	Garscube Harriers	00:16:43	48.97%
81	Oleksie Levkin	M50	M		00:16:44	50.51%
82	Mirren Smith	Junior	F		00:17:41	53.14%
83	Paul Mannas	M65	M		00:17:59	53.52%
84	Sara Booth	W35	F		00:18:00	48.22%
85	Vanessa Simpson	Senior	F		00:18:19	45.65%
86	Fred McCain	M75	M	Haddington Running Club	00:19:50	55.29%
87	Susan Dunn	W45	F		00:20:13	45.57%
88	Gillian Smith	W45	F		00:22:24	42.66%
89	Riley Somerville	Junior	M		00:26:57	35.90%
90	Andrew Somerville	M40	M		00:26:57	29.45%